

FIRST YEAR	FALL	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1301	
		3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327	
		4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence	
		3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.	
		3	KINE 1351	Introduction to Sports and Exercise Science			Satisfies Major-Specific Requirement.		
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design			As required, based on credit hours earned, TSI status, High school rank, major declaration		
		16 Semester Total Hours							
		SPRING	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301.For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1302 or ENGL 1305
3	Choose 1		American History (Core)		060	See General Education Core for more details. Options: HIST 1302 or HIST 2328			
4	BIOL 2402		Anatomy and Physiology II (Core)		030/090	BIOL 2401.	See General Education Core for more details.		
3	MATH 1342 or MATH 1343		Elementary Statistics or Introduction to Biostatistics (Core)	C	020	College Ready TSI status in Mathematicsor MATH 0314/0332/0342.	See General Education Core for details.		
3	Choose 1		Language, Philosophy & Culture (Core)		040	Choose 3 hours from Anthropology, English, or Philosophy			
16 Semester Total Hours									
SECOND YEAR	FALL	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
		3	POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for more details	
		3	X3XX	Minor					
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.	
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.	
		3	KINE 2315	Individual Sports			KINE major and KINE 1351.		
		3	EDFR 2301	Intercultural Context of Schooling			Satisfies Major-Specific Requirement.		
	18 Semester Total Hours								
	SPRING	3	POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for more details	
		3	Choose 1	Social and Behavioral Sciences (Core)		080		See General Education Core for course options.	
		3	KINE 3370	Biomechanics	C		BIOL 2401.	Satisfies Major-Specific Requirement.	
		3	KINE 3353	Physiology of Exercise I	C		BIOL 2401.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors	
		1	Choose 1	Integrative and Experiential Learning (Core)		090	See General Education Core for course options.		
3		X3XX	Minor			See Degree Plan for course options.			
16 Semester Total Hours									

CORE: The 2023-2024 list of core courses can be found in the 2023-2024 Undergraduate Catalog: www.utrgv.edu/smartcatalog > Bachelors Degree Regulations and Graduation Policies > 'Core Curriculum'

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3315	Advanced Sport Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	EDUC 3304	Instructional Planning and Assessment in Culturally Sustaining Classrooms			Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).
		3	EDUC 3301	The Teaching Profession and Student Learning in Contemporary Schools			Admission to the COE Teacher Preparation Program.	Admission requirements (See Department).
	Student cleared to challenge the Department content Benchmark Exam. See Program for Details.							Apply to Teacher Preparation Program
	18 Semester Total Hours							
	SPRING	3	EDUC 3302	Knowledge of Student Development and Learning			Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).
3		KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3		KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3		X3XX	Minor				See Degree Plan for course options.	
3		EDUC 4306	Implementing and Assessing Effective Secondary Content Pedagogy			EDUC 3304 and Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).	
15 Semester Total Hours								
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	READ 4305	Disciplinary Literacy in the Classroom			Admission to COE Teacher Education Program.	Admission requirements (See Department).
		3	EDUC 3306	Evidence-Based Teaching in Positive Learning Environments			Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).
		3	KINE 4309	Kinesiology Curriculum for Secondary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	X3XX	Minor				See Degree Plan for course options.
	Student will have taken and passed the PPR #160 TEXES and Physical Education #158 TEXES prior to student teaching							
	15 Semester Total Hours							
SPRING	6	EDUC 4611	Student Teaching Secondary or All-Level			Admission to the CEP Educator Preparation Program and Admission to CEP Clinical Teaching.	Admission requirements (See Department).	
	3	33XX-43XX	Minor (Advanced)				See Degree Plan for course options.	
	3	33XX-43XX	Minor (Advanced)				See Degree Plan for course options.	
	12 Semester Total Hours							

Program Overview

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001 This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure. Students in this program should check with the College of Education and P-16 Integration on the requirements for a criminal background check prior to student teaching. The Department of Health and Human Performance has a focus on preparing Kinesiology majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

Major Admission Requirements

1. Admission requirements required for this program beyond university admission requirements.

Admission to the Teacher Education Program at the Office of Educator Preparation and Accountability is required for completion of teacher certification requirements with the undergraduate degree. All Admission requirements are in accordance to Texas Administrative Code rules 227.10 and HEA Title II accountability requirements. All applicants must meet the current certification requirements in effect at the time of application, regardless of the catalog year of degree plan.

Major Progression Requirements

1. Progression requirements required for this program.

Kinesiology progresssion requirements

Students must maintain a grade of "C" or better must be maintained in advanced KINE coursework in the major degree requirements.

Teacher Education Requirements:

Teacher Education Program progression requirements include GPA, course grades, certification courses, benchmarks/key assessments and testing.

Major Graduation Requirements

Students must earn a GPA of 2.75 or greater in the major degree requirements.

Students must earn a "C" or better in all advanced KINE coursework in the major degree requirements.

126 TOTAL HOURS

(42) Advanced minimum credit hours